

STIRLING's Formula

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Following preliminary work by DE MOIVRE (1718) STIRLING in 1730 [4] stated his famous formula that expresses the factorial in a way that leads to a very useful assessment of its asymptotic behaviour. Here we reproduce the notably narrow bounds given by ROBBINS [3] following a method attributed to CESÀRO [1] and FISHER [2].

Theorem 1 *For all natural numbers $n \geq 1$ we have*

$$n! = \sqrt{2\pi n} \left(\frac{n}{e}\right)^n \cdot e^{r_n}$$

where the error term r_n is bounded by

$$\frac{1}{12n+1} \leq r_n \leq \frac{1}{12n}$$

The approximation is illustrated by the following table, where s_n is the upper bound and t_n , the lower bound from the theorem.

n	1	2	3	4	5	6	7	8	9
s_n	1.002	2.001	6.001	24.001	120.003	720.01	5040.04	40320.2	362881.4
$n!$	1	2	6	24	120	720	5040	40320	362880
t_n	0.996	1.997	5.996	23.991	119.970	719.87	5039.33	40315.9	362850.1

This suggests that the upper bound is closer to the true value than the lower bound; and the absolute errors increase. The relative errors however decrease quite fast, see Corollary 1 below.

Proof. We consider the sequence

$$a_n = \frac{n!}{\left(\frac{n}{e}\right)^n \cdot \sqrt{n}}$$

and show that it decreases monotonically; because all of its members are positive, we then know that it converges.

Dividing two consecutive terms we get

$$\frac{a_n}{a_{n+1}} = \frac{n! \left(\frac{n+1}{e}\right)^{n+1} \cdot \sqrt{n+1}}{\left(\frac{n}{e}\right)^n \cdot \sqrt{n} \cdot (n+1)!} = \frac{1}{e} \cdot \left(\frac{n+1}{n}\right)^{n+1/2},$$

$$\log \frac{a_n}{a_{n+1}} = -1 + \left(n + \frac{1}{2}\right) \cdot \log \frac{n+1}{n}.$$

Lemma 2 below immediately gives

$$0 < \frac{1}{12} \cdot \left(\frac{1}{n + \frac{1}{12}} - \frac{1}{n + \frac{1}{12} + 1}\right) < \log \frac{a_n}{a_{n+1}} < \frac{1}{12} \cdot \left(\frac{1}{n} - \frac{1}{n+1}\right).$$

From the left inequality we conclude $a_n > a_{n+1}$ as claimed.

Now let $a = \lim_{n \rightarrow \infty} a_n$. Then $a \geq 0$ and by telescoping

$$\frac{1}{12} \cdot \left(\frac{1}{n + \frac{1}{12}} - \frac{1}{n + \frac{1}{12} + k}\right) < \log \frac{a_n}{a_{n+k}} < \frac{1}{12} \cdot \left(\frac{1}{n} - \frac{1}{n+k}\right).$$

For $k \rightarrow \infty$ we get

$$\begin{aligned} \frac{1}{12n+1} &\leq \log \frac{a_n}{a} \leq \frac{1}{12n}, \\ e^{\frac{1}{12n+1}} &\leq \frac{a_n}{a} \leq e^{\frac{1}{12n}}. \end{aligned}$$

To complete the proof of the theorem we have to show that $a = \sqrt{2\pi}$.

From WALLIS' product formula, see Lemma 3 below, and using $k! = a_k k^{k+1/2} / e^k$, we get

$$\begin{aligned} \sqrt{\pi} &= \lim_{n \rightarrow \infty} \frac{a_n^2 \cdot n^{2n+1} \cdot 2^{2n} \cdot e^{2n}}{e^{2n} \cdot a_{2n} \cdot (2n)^{2n+1/2} \cdot \sqrt{n+1/2}} \\ &= a \cdot \lim_{n \rightarrow \infty} \frac{\sqrt{n}}{\sqrt{2} \cdot \sqrt{n+1/2}} = \frac{a}{\sqrt{2}}. \end{aligned}$$

Therefore $a = \sqrt{2\pi}$. \diamond

Lemma 1 For $0 < x < 1$

$$\frac{3x}{3-x^2} < \frac{1}{2} \log \frac{1+x}{1-x} < x \cdot \left(1 + \frac{1}{3} \cdot \frac{x^2}{1-x^2}\right).$$

Proof. For $|x| < 1$ we have the well-known power series expansion

$$\frac{1}{2} \log \frac{1+x}{1-x} = x + \frac{x^3}{3} + \frac{x^5}{5} + \dots = \sum_{\nu=1}^{\infty} \frac{x^{2\nu-1}}{2\nu-1}.$$

For $0 < x < 1$ we get the upper bound

$$\begin{aligned} \frac{1}{2} \log \frac{1+x}{1-x} &< x + \frac{x^3}{3} + \frac{x^5}{3} \dots = x + \sum_{\nu=2}^{\infty} \frac{x^{2\nu-1}}{3} = x + \frac{x^3}{3} (1 + x^2 + x^4 + \dots) \\ &= x + \frac{x^3}{3} \cdot \frac{1}{1-x^2} = x \cdot \left(1 + \frac{1}{3} \cdot \frac{x^2}{1-x^2}\right). \end{aligned}$$

For the lower bound we use

$$\frac{1}{2} \log \frac{1+x}{1-x} > x + \frac{x^3}{3} + \frac{x^5}{9} \cdots = \sum_{\nu=1}^{\infty} \frac{x^{2\nu-1}}{3^{\nu-1}} = x \cdot \sum_{\nu=0}^{\infty} \frac{x^{2\nu}}{3^\nu} = x \cdot \frac{1}{1 - \frac{x^2}{3}}.$$

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Lemma 2 For $n \in \mathbb{N}_1$

$$2 + \frac{1}{6} \cdot \left(\frac{1}{n + \frac{1}{12}} - \frac{1}{n + \frac{1}{12} + 1} \right) < (2n+1) \cdot \log \frac{n+1}{n} < 2 + \frac{1}{6} \cdot \left(\frac{1}{n} - \frac{1}{n+1} \right)$$

Proof. In Lemma 1 we substitute $x = \frac{1}{2n+1}$. Then

$$\frac{1+x}{1-x} = \frac{1 + \frac{1}{2n+1}}{1 - \frac{1}{2n+1}} = \frac{2n+2}{2n} = \frac{n+1}{n}.$$

This gives the upper bound

$$\frac{1}{2} \cdot \log \frac{n+1}{n} < \frac{1}{2n+1} \cdot \left(1 + \frac{1}{3} \cdot \frac{1}{4n^2 + 4n} \right) = \frac{1}{2n+1} \cdot \left(1 + \frac{1}{12} \cdot \frac{1}{n(n+1)} \right),$$

as claimed. At the lower bound we get

$$\frac{1}{2} \cdot \log \frac{n+1}{n} > \frac{3(2n+1)}{3(2n+1)^2 - 1},$$

whence

$$(2n+1) \cdot \log \frac{n+1}{n} > \frac{6(2n+1)^2}{3(2n+1)^2 - 1} = 2 + \frac{2}{3(2n+1)^2 - 1} = 2 + \frac{2}{12n^2 + 12n + 2}.$$

The lower bound we aim at evaluates to

$$\begin{aligned} & 2 + \frac{1}{6} \cdot \left(\frac{1}{n + \frac{1}{12}} - \frac{1}{n + \frac{1}{12} + 1} \right) = 2 + 2 \cdot \left(\frac{1}{12n+1} - \frac{1}{12n+13} \right) \\ & = 2 + 2 \cdot \frac{12}{(12n+1)(12n+13)} = 2 + 2 \cdot \frac{12}{12 \cdot 12n^2 + 14 \cdot 12n + 13} = 2 + 2 \cdot \frac{2}{12n^2 + 14n + \frac{13}{12}} \end{aligned}$$

which is clearly smaller for $n \geq 1$. ◇

Lemma 3 (Product formula of WALLIS)

$$\sqrt{\pi} = \lim_{n \rightarrow \infty} \frac{2^{2n} \cdot (n!)^2}{(2n)! \cdot \sqrt{n + 1/2}}.$$

Proof. Starting with the product expansion of the sine function,

$$\sin(\pi x) = \pi x \cdot \prod_{k=1}^{\infty} \left(1 - \frac{x^2}{k^2}\right),$$

and substituting $x = 1/2$, we get

$$1 = \frac{\pi}{2} \cdot \prod_{k=1}^{\infty} \frac{4k^2 - 1}{4k^2},$$

$$\frac{\pi}{2} = \prod_{k=1}^{\infty} \frac{(2k)^4}{(2k-1)2k \cdot 2k(2k+1)} = \lim_{n \rightarrow \infty} \frac{2^{4n} \cdot (n!)^4}{((2n)!)^2 (2n+1)},$$

and this immediately gives the assertion. \diamond

Corollary 1 *If we replace $n!$ by $s_n = \sqrt{2\pi n} \left(\frac{n}{e}\right)^n \cdot e^{\frac{1}{12n}}$, the relative error is bounded by*

$$1 \leq \frac{s_n}{n!} < e^{\frac{1}{(12n)^2}}.$$

Proof. Let $t_n = \sqrt{2\pi n} \left(\frac{n}{e}\right)^n \cdot e^{\frac{1}{12n+1}}$. Then

$$1 \leq \frac{s_n}{n!} \leq \frac{s_n}{t_n} = e^{\frac{1}{12n} - \frac{1}{12n+1}} = e^{\frac{1}{12n(12n+1)}} < e^{\frac{1}{(12n)^2}}.$$

\diamond

Note that the “usual” textbook estimate gives the lower bound $1 \leq r_n$. From this we get the bound $e^{\frac{1}{12n}}$ for the relative error that has only a linear term in the denominator of the exponential instead of the quadratic one.

Corollary 2 *For all natural numbers $n \geq 1$*

$$\frac{n! e^n}{n^n} = \sqrt{2\pi n} \cdot u_n$$

where the error term u_n is bounded by

$$1 + \frac{1}{13n} < u_n < 1 + \frac{1}{11n}.$$

For $n \rightarrow \infty$

$$\frac{n! e^n}{n^n} = \sqrt{2\pi n} + O\left(\frac{1}{\sqrt{n}}\right).$$

Proof. We use the inequality $e^x > 1 + x$ for all real $x \neq 0$. For $0 < x < 1$ we therefore have $1 - x \leq e^{-x}$, whence $e^x \leq \frac{1}{1-x} = 1 + \frac{1}{\frac{1}{x}-1}$. Therefore

$$\frac{n! e^n}{n^n} < \sqrt{2\pi n} \cdot \left(1 + \frac{1}{12n-1}\right) \leq \sqrt{2\pi n} \cdot \left(1 + \frac{1}{11n}\right).$$

For the lower bound we have

$$\frac{n! e^n}{n^n} > \sqrt{2\pi n} \cdot \left(1 + \frac{1}{12n+1}\right) \geq \sqrt{2\pi n} \cdot \left(1 + \frac{1}{13n}\right).$$

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Corollary 3 For all natural numbers $n \geq 1$

$$\frac{n^n}{n! e^n} = \frac{1}{\sqrt{2\pi n}} \cdot v_n$$

where the error term v_n is bounded by

$$1 - \frac{1}{12n} < v_n < 1 - \frac{1}{14n}.$$

For $n \rightarrow \infty$

$$\frac{n^n}{n! e^n} = \frac{1}{\sqrt{2\pi n}} + O\left(\frac{1}{\sqrt{n^3}}\right).$$

Proof. The lower bound is immediate from $1 - x \leq e^{-x}$. For the upper bound we use $e^{-x} < \frac{1}{1+x} = 1 - \frac{1}{\frac{1}{x}+1}$, and get

$$\frac{n^n}{n! e^n} < \frac{1}{\sqrt{2\pi n}} \cdot \left(1 - \frac{1}{12n+2}\right) \leq \frac{1}{\sqrt{2\pi n}} \cdot \left(1 - \frac{1}{14n}\right).$$

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Applying the theorem to the middle binomial coefficients $\binom{2n}{n}$ yields:

Corollary 4

$$\binom{2n}{n} = \frac{(2n)!}{(n!)^2} = \frac{4^n}{\sqrt{\pi n}} \cdot w_n,$$

where the error term w_n is bounded by

$$e^{-\frac{1}{6n}} < w_n < 1.$$

Proof. Intermediate steps:

$$\frac{(2n)!}{(n!)^2} = \frac{\sqrt{4\pi n} \cdot \left(\frac{2n}{e}\right)^{2n} \cdot e^{r_{2n}}}{2\pi n \cdot \left(\frac{n}{e}\right)^{2n} \cdot e^{2r_n}}$$

and

$$\frac{1}{30n} < r_{2n} \leq \frac{1}{24n} < \frac{1}{12n}, \quad \frac{1}{12n} < 2r_n \leq \frac{1}{6n},$$

$$e^{-\frac{1}{6n}} < e^{[-\frac{4}{30}] \cdot \frac{1}{n}} = e^{[\frac{1}{30} - \frac{1}{6}] \cdot \frac{1}{n}} < w_n = \frac{e^{r_{2n}}}{e^{2r_n}} < 1.$$

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Let $C_n = \frac{1}{n+1} \binom{2n}{n}$ for $n \geq 1$ be the Catalan numbers.

Corollary 5

$$C_n = \frac{4^n}{(n+1)\sqrt{\pi n}} \cdot w_n,$$

with w_n as in Corollary 4.

References

- [1] E. Cesàro: *Corso di analisi algebrica con introduzione al calcolo infinitesimale*. Bocca, Torino 1894.
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- [3] H. Robbins: A remark on Stirling's formula. *Amer. Math. Monthly* 62 (1955), 26–29.
- [4] J. Stirling: *Methodus Differentialis: sive Tractatus de Summatione et Interpolatione Serierum Infinitarum*. G. Strahan, Londini (London) 1730.